



RINGSIDE HEALTH METABOLIC AND COMPREHENSIVE WELLNESS PROGRAM

A Modern Approach to Metabolic Health

GLP-1 Therapy

GLP-1 (Glucagon-Like Peptide-1) medications mimic natural hormones produced in the gut that regulate appetite, blood sugar, and metabolism

Semaglutide

works by activating GLP-1 receptors, helping regulate appetite and glucose metabolism.

Tirzepatide

is a dual-action therapy that activates both GLP-1 and GIP receptors, often producing enhanced effects on weight reduction, metabolic improvement, insulin sensitivity, and body composition.

Our compounded formulations may include:

Vitamin B12

- Supports cellular energy production
- Helps combat fatigue
- Supports neurological health
- Assists in healthy red blood cell formation

Glycine

- Supports muscle recovery and repair
- Promotes healthy collagen production
- Improves sleep quality
- Supports metabolic and liver function

Comprehensive Wellness Beyond Weight Loss

At Ringside Health, GLP-1 therapy is only one component of a complete health optimization strategy. We offer a variety of advanced therapies designed to complement your health journey and maximize your results.

NAD+ Therapy

- Increased cellular energy production
- Improved mental clarity and focus
- Enhanced mitochondrial function
- Improved exercise performance and recovery
- Reduced fatigue
- Support for healthy aging processes
- Enhanced metabolic function
- Improved resilience to physical and mental stress

Peptide Therapy

- Enhanced fat metabolism
- Improved muscle growth and recovery
- Increased strength and endurance
- Better sleep quality
- Improved tissue repair and healing
- Enhanced cognitive function
- Reduced inflammation
- Improved immune system support
- Healthy aging and longevity support

